

ABC Model – Data Collection

Antecedent – the situation or event that comes before a behavior also called a trigger. Take into consideration factors earlier in the day. Includes time of day, setting, people, activities. At times, the antecedent can be altered (our approach) at other times not (weather).

Behavior – actions that can be observed, timed, or counted. These actions interfere with learning or engagement with others.

Consequence – what happens immediately following or in response to a behavior. This can be gaining attention from adults, removal of objects/activities, or access to objects/activities that turn off the behavior, etc.

Date/Time	A – Antecedent What happened BEFORE?	B – Behavior What happened?	C – Consequence What happened AFTER?
EXAMPLE: Monday, 2:30PM, at home with parent	Parent told child they could not go to the park because of the weather.	Child screamed, dropped to the floor, swung arms and legs.	Parent said, “When you are calm, we can play a board game, instead.”

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